

My PrEP Info

PrEP

The **Rx**
for peace of mind



My PrEP Provider: _____

Phone #: _____

My Pharmacy: _____

Phone #: _____

My Resources:

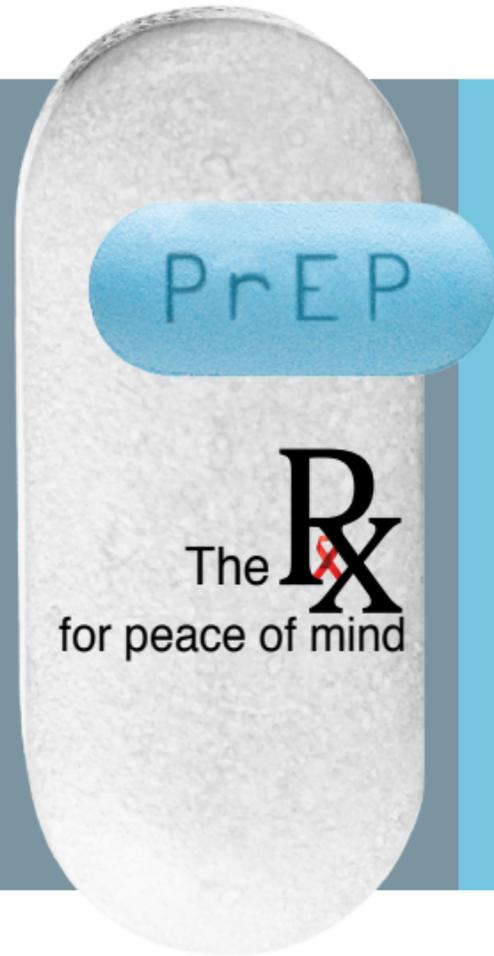
<http://iowaguys.wix.com/resources>

<http://tinyurl.com/prepiowa>

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515-281-6801



March 2017



What is PrEP?

PrEP is a single pill that helps keep you HIV negative when taken once daily as prescribed by your provider.

Depending on risk factors, it is estimated that it takes 7-20 days for PrEP to reach effective levels of protection.

Is PrEP for you?

PrEP might be right for you if you are HIV negative and can answer YES to any of the following questions:

- Do you have multiple sex partners?
- Do you have sex without condoms?
- Are any of your sexual partners living with HIV or of unknown HIV status?
- Have you had a sexually transmitted infection in the past year?
- Do you share needles to inject drugs?
- Do you exchange sex for money, food, drugs, housing or anything else you need?



Other Information:

- For maximum effectiveness, PrEP must be taken daily.
- PrEP does NOT protect against any other STIs.
- PrEP is most effective when used with condoms.
- While on PrEP, individuals are required to be seen by a medical provider at least every 90 days.
- PrEP may cause side effects (nausea, vomiting, fatigue, dizziness, headache), usually only lasting a month.
- Individuals may qualify for financial assistance to help offset the cost of PrEP.